

Detailed Schedule – Basic EMDR Training Day 4 to 6

Time Display in Eastern Time Zone	Day 4	Day 5	Day 6
11:30 am - 11:45 am (ET)	Logistic information and sign in. Review of part 1 and the 8 phases of EMDR	Challenges that frequently arise Working with blocked processing	Special Populations and Protocols EMDR with Children Addiction and EMDR Eating Disorders and EMDR
11:30 am- 11:45 am (ET)	15 MINUTES BREAK	15 MINUTES BREAK	15 MINUTES BREAK
11:45 am-1:30 pm (ET)	Treatment planning complex cases Live Q & A with the instructor	Dual attention: Reliving versus Remembering Cognitive Interweaves Live Q & A with the instructor	Anxiety and EMDR (including OCD, phobia) Grief and EMDR Marginalized Identities and EMDR EMDR and dissociation Live Q & A with the instructor
1:30 pm -2:30 pm (ET)	LUNCH BREAK	LUNCH BREAK	LUNCH BREAK
2:30 pm - 4:00 pm (ET)	Supervised Practicum	Supervised Practicum	Supervised Practicum
4:00 pm - 4:10 pm (ET)	10 MINUTES BREAK	10 MINUTES BREAK	10 MINUTES BREAK
4:10 pm - 5:25 pm (ET)	Continue - Supervised Practicum	Continue – Supervised Practicum	Continue – Supervised Practicum
5:25 pm - 5:35 pm (ET)	10 MINUTES BREAK	10 MINUTES BREAK	10 MINUTES BREAK
5:35 pm - 6:45 pm (ET)	Continue - Supervised practicum	Continue - Supervised practicum	Continue - Supervised practicum
6:45 pm – 7:00 pm (ET)	Live Q & A with Instructor	Live Q & A with Instructor	Live Q & A with Instructor

*Please note that the topics on the schedule are subject to change.